



**Public Health**  
Prevent. Promote. Protect.

Shawnee County Health Department

## COVID-19: Create an Emergency Plan

*Large disease outbreaks and pandemics can last for several months. Based on the severity of the disease spread, Public Health officials may recommend community actions that limit exposure, such as temporarily dismissing schools or practicing social distancing. Developing a household plan now will help ensure your readiness. Your plan should be based on the needs and daily routine of your household, and include the following:*

Alternate care plans for individuals with disabilities if normal support services are unavailable

Emergency Contact List



Emergency food and water supplies



Communication plan for children and adults

Medical and health supplies such as: hand sanitizer, fever medicines, thermometers, and tissues.

Extended supplies of prescription medication



Visit [ready.gov](https://www.ready.gov) and [cdc.gov](https://www.cdc.gov) to learn more about preparing your household for an emergency.



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[shawneehealth.org](https://shawneehealth.org)

**Healthy People—Healthy Environment—Healthy Shawnee County**

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